

FROM THE ASYLUM TO THE PALLADIUM

A true story adapted by David Stanley

Music by David Stanley

Lyrics by David Stanley and Jenny Hitchcock

Lyrics for "In My Garden" by Tony Michaels

In 1955, a small group of parents began meeting together for support and to find ways of handling their lives in a largely uninterested, if not hostile, world.

Right from the beginning, Southend Mencap has been a self-help organisation, as well as a pressure group, campaigning to improve the lives of adults and children with learning disabilities and those of their families and carers.

In the very same year, up and down the country people with disabilities continued to be shut away in large hospitals, alongside mental health patients, homosexuals, single mothers and even poorly behaved children. They were often surrounded by beautiful gardens...

At one particular institution, future Southend Mencap president Jose Dorado had just arrived from Spain. His first job was sweeping floors and he spoke not a word of English. What he found there would shape his life forever...



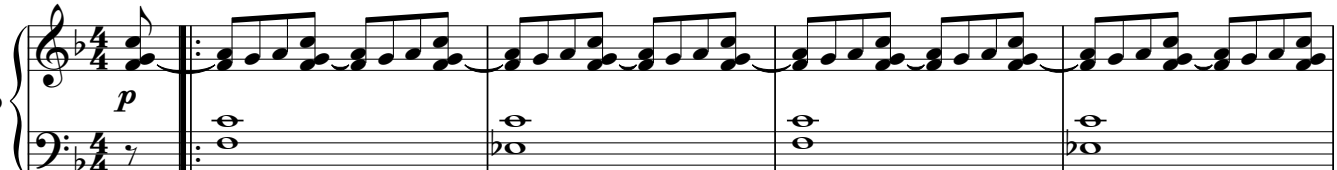
1 Adamas

*In front of curtains, we see an old wooden restraining chair downstage right.
The restraints are left dangling either side*

David Stanley


♩=100 PIANO ONLY

Piano



The narrator sits on the chair and sings..

Pno.

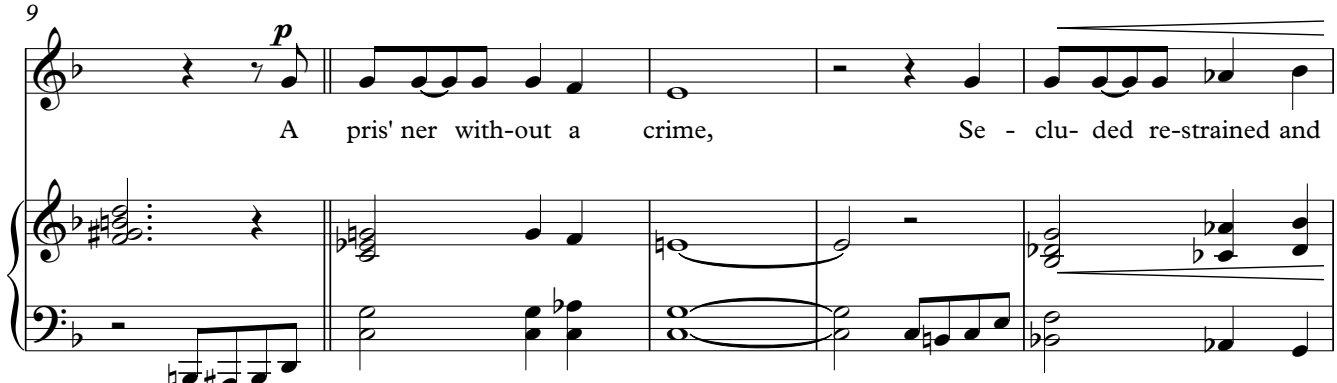


Voice

p

A pris'ner with-out a crime, Se - clu - ded re-strained and

Pno.



Voice

drugged, A pa - tient who has no di-sease Held safe with-in gard-ens of peace

Pno.



Voice

19

cresc.

Pno.



23 *f*

Voice: And if no-thing else could be done, A

Pno. *f*

27 *molto rit.* *fp*

Voice: sur-geon might drill through your brain, Or shock you to pro-vide re-lease!

Pno. *fp*

31 *a tempo* ♩=100

Voice: Locked safe with-in gar-dens of peace Locked safe with-in gar-dens of

Pno.

35

Voice: peace Some

Pno.

39

Voice: knew what real lu-na-cy was, And saw that the mad-ness must cease Helped arm-ies of su-ffer-ers

Pno.

44

Voice

free Now rest - ing in gar - dens of peace. Shat - tered

Pno.

48

Voice

pa - rents left in des - pair! With cha - ri - ty's care and church - s prayer And vir - tu - ous suf - fer ing, a

Pno.

53

Voice

sen - tence for sin! No rest in their gar - den with - in No peace in their gar - den with -

Pno.

57 **Più mosso**

Voice

in Look it's still me

Pno.

61

Voice

I'm in - side You're brea - king me

Pno.

66

Voice

Help I'm a - fraid Please see me

Pno.

71

Voice

— please see me — Me..

Pno.

76

Voice

— Me — Me..(whispered) Ab-nor

Pno.

81

Voice

ma-li - ty bares guilt. Sing-le mo-ther, gay,men-ta-lly

Pno.

85

Voice

ill, We're dang'rous dread-ed de praved Soc - i - e - ty shuts us a -

Pno.

89

Voice

way! Look

Pno.

92

Voice

it's still me I'm in -

Pno.

95

Voice

side You're brea - king me

Pno.

98

Voice

Help I'm a -

Pno.

101

Voice

fraid Please see me

Pno.

104

Voice

— please see me

Pno.

107 *Curtains open to reveal full company dressed in the same dull and ill-fitting clothes* Ukulele "E"

Voice

Pno.

111 "Broken drum kit"

Voice

Pno.

115 "Broken Glockenspiel B"

Voice

Pno.

119 ORCHESTRA IN

Voice

Some knew what real lu-na-cy was, And saw that the mad-ness must cease Helped

Pno.

124

Voice

arm-ies of su-ffer-ers free Now rest - ing in gar-dens of peace. So our

Pno.

129

Voice

sto-ry_ has be - gun A cha-ri-ties care a - gainst des-pair A he-ro's jour ney_ to

Pno.

134

Voice

help set us free, He came in my ho-ur of need He came and saw right in - to

Pno.

138

Voice

me. At last some-one looked and found me.

Pno.

rit.